



D.C.Dounis‘

Main Rules

1. Read all what is written without using your instrument.
2. Try to understand principles without your instrument.
3. Read, look and comprehend how to play those those exercises still without your instrument.
4. Play only exercises which are easy for you very gradually increasing the difficulty.
5. Play Maximum 30 min per day.
6. Next day start there where you finished today.
7. Rule No 1 is always Comfort & Freedom.